

# **Camp Omega's Care Outline for Developmentally Disabled Summer Camp Session**

We are glad that you are interested in participating in Camp Omega's summer camp session for people with developmental disabilities. While Camp Omega's goal is to provide a safe environment and ensure every camper enjoys their stay in God's creation, we do not have the resources and staffing of a health care facility. The Camp Omega staff is trained in CPR, First Aid and AED only.

The outline below has been provided to help caregivers determine if adequate health care is available for their camper, or if more specialized care needs to be provided *by an attending personal caregiver*.

*Please note!* Caregivers of participants who have previously attended Camp Omega and whose health conditions may have become more complicated over time are encouraged to closely review the following care outline to assess the level of care which will be provided by Camp Omega staff.

Because of our concern that each camper be cared for properly, caregivers/personal care attendants have the option to accompany their participant to aid in managing their care has been initiated for a nominal fee. Lodging, meals, time for personal renewal and relaxation, Bible study, campfire devotions and participation in camp activities is included as part of the caregiver's day along with their participant. For more details, contact the camp office at [info@campomega.org](mailto:info@campomega.org) or (507) 685-4266.



The Camp Omega staff is able to provide care based on the following definitions (*if greater levels of care are required, a caregiver/personal care attendant is requested to attend along with the participant to provide the appropriate levels of care*):

- **Eating:** Participant is able to manage the use of eating utensils, eats appropriately sized pieces, can finish eating within scheduled time and exhibits agreeable behaviors toward others. The staff is not equipped to measure food intakes or manage aggressive mealtime behaviors. Staff will address gluten or dairy allergy dietary restrictions if previously communicated. Verbal direction with minimal assistance will be provided during mealtime.
- **Hearing:** While the participant may have hearing loss, they are able to understand and respond to basic verbal directions as needed to perform day to day living skills and other general tasks.
- **Speech:** While speech skills may be limited, camper is able to verbally communicate needs and respond to basic verbal directions as needed to perform day to day living skills and tasks.

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- **Mobility:** Participant is able, either by walker or wheel chair, to participate in the typical camp activities including devotions, small group Bible studies, outdoor games, pontoon rides, pool swimming and campfires. A golf cart is available to help aid in transportation, however to fully enjoy the camp experience, a participant will spend a considerable amount of time moving from place to place including areas that are uneven and grassy.
- **Dressing/undressing:** Camper can independently make clothing selections and manage dressing and undressing with only occasional verbal cues or assistance from staff.
- **Toileting:** Participants are able to manage their personal care tasks and products with no assistance other than minimal verbal cues and directions. Participant is able to access the toilet without assistance or spotting by staff.
- **Showering:** Participant can access the shower area, manage appropriate shower hygiene and wash hair independently needing only minimal staff assistance dispensing shower products.
- **Hygiene (shaving, brushing teeth, etc.):** Participant can independently perform adequate daily hygiene tasks with minimal verbal cues or reminders.
- **Seizures:** Staff is not trained to manage participants who have a history of seizures.
- **Skin problems:** Staff is trained to treat only basic first aid skin irritations. Health care volunteers dispense medications per written direction.
- **Behavior:** Participant is able respond to verbal direction and cues from staff within reasonable time frames and can relate agreeably to other campers. Staff is not trained to manage violent, overly emotional, extreme behaviors or behaviors that would be overly disruptive or upsetting to other campers. Extensive one-on-one time with campers who need constant individual assistance or care is not possible.

In addition to reviewing this document, please complete and return the Camper Information Sheet to complete your registration.